



# ATHLETICS SCHOOL ROŽLE PREZELJ



## THE OBJECTIVES

Athletics school Rožle Prezelj was created to offer the children a healthy and proper growth, and to show the talented how to develop into top athletes. Children learn that sport is a healthy lifestyle, a hobby that connects friends and presents high-quality leisure time. We teach the children an active approach to problem solving, positive attitude towards themselves and the environment, also the ability of adjusting to current situations. Our aim is a healthy, responsible and a happy child.

## SIGNIFICANT IS THE ROUTE TO THE GOAL

Practice is intended for children from 3 years of age on and is adapted to the age and development of the children in the group. Socialization, motor skills and coordination are emphasized, when working with the youngest group. Special attention is on developing a sense for space, audio, visual and sensual perceptions. By the age of six they begin to learn the basics of athletics: to throw, to jump and to run. Most exercises are based on game, because we are aware that relaxed and happy children are more susceptible to new information and challenges. Spontaneous, rationalized moves are more accurate and lead to better results in health and on sports grounds.



*Unterhaltung*



*Bewegung*



*Lernen*

## IDEALS AND IDOLS IN SPORTS

Ideals from the surroundings, as well as true idols are for children of extreme importance. They are an important factor of motivation and education. We, therefore, like to invite to our classes sportsmen, that we consider to be a good example to our youngsters.

We grow together with the children and in pursuit of development, we associate with foreign athletic clubs, kindergartens and schools, as well as other branches of sport like football and basketball.



*Rožle Prezelj*

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